

DESCRIPTION OF THE COURSE OF STUDY

Course code	0915.7.DI1.B/C23.DP	
Name of the course in	Polish	Dietetyka pediatria
	English	Pediatric Dietetics

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Dietetics
1.2. Mode of study	Full-time
1.3. Level of study	Bachelor's Degree
1.4. Profile of study*	Practical
1.5. Person/s preparing the course description	Dr Kamila Sobaś
1.6. Contact	kamila.sobas@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	English
2.2. Prerequisites*	Anatomy and physiology, basics of human nutrition, food technology

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture classes/Practical classes	
3.2. Place of classes	Collegium Medicum UJK	
3.3. Form of assessment	Exam/Graded credit	
3.4. Teaching methods	Lecture: informative lectures with a multimedia presentation, conversational lectures Practical classes: demonstration, instruction, individual student project concluded with a report	
3.5. Bibliography	Required reading	<ol style="list-style-type: none"> Behavioral Health Nutrition Dietetic Practice Group. Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs. Eurospan, 2021. Katz D. Nutrition in Clinical Practice. Wolters Kluwer Health, 2022. Krawczyński M. Żywnienie dzieci w zdrowiu i chorobie. Help MED, Kraków, 2015. Woś H., Starzewska-Kwak A. Żywnienie dzieci. PZWL, Warszawa, 2012. Jarosz M., Rychlik E., Stoś K., Charzewska J. Normy żywienia dla populacji Polski i ich zastosowanie. NPZ - PZH, Warszawa, 2020.
	Further reading	<ol style="list-style-type: none"> Grzymisławski M., Gawęcki J. Żywnienie człowieka zdrowego i chorego. PWN, Warszawa, 2021, wyd. 2. Chojnacki J., Klupinska G. Dietetyka kliniczna. ELSEVIER, URBAN & PARTNER, 2014. http://www.eufic.org/en/healthy-living/article/child-and-adolescent-nutrition Jarosz M. Dietetyka Żywność żywienie w prewencji i leczeniu. IŻŻ, Warszawa, 2017.

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes)

Lectures:

- C1. Principles and fundamentals of pediatric dietetics.
- C2. Etiology, functional disorders of the body affecting digestion, absorption and metabolism of nutrients.
- C3. Diet therapy of childhood diseases.

Practical classes:

- C1. Planning nutrition plans with the determination of nutritional value for sick children in selected diseases.
- C2. Principles of preparing diets for patients after surgical procedures and diets with special sanitary regime.

W03	+				+					+									
U01	+				+			+			+								
U02					+			+					+						
U03					+			+					+						
K01								+					+						
K02								+					+						

4.5. Criteria of assessment of the intended learning outcomes

Form of classes	Grade	Criterion of assessment
Lecture (L)	3	Test results: 61-68%
	3,5	Test results: 69-76%
	4	Test results: 77-84%
	4,5	Test results: 85-92%
	5	Test results: 93-100%
Classes (C)	3	61-68% Mastering the content of the curriculum at the basic level, chaotic answers, necessary leading questions.
	3,5	69-76% Mastering the content of the curriculum at the basic level, systematized answers, requires the help of a teacher.
	4	77-84% Mastering the content of the curriculum at the basic level, systematic and independent answers.
	4,5	85-92% The scope of the presented knowledge goes beyond the basic level based on the supplementary literature provided.
	5	93-100% The scope of the presented knowledge and skills goes beyond the basic level based on self-acquired scientific sources of information.

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
<i>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</i>	50	30
<i>Participation in lectures</i>	25	15
<i>Participation in classes</i>	25	15
<i>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</i>	50	70
<i>Preparation for the lecture</i>	25	35
<i>Preparation for the classes</i>	25	35
<i>TOTAL NUMBER OF HOURS</i>	100	100
ECTS credits for the course of study	4	4

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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